

# 2010 XC SCHEDULE

| <b>DAY</b> | <b>DATE</b> | <b>OPPONENT/ LOCATION</b>   | <b>TIME</b>   |
|------------|-------------|---|---------------|
| Mon        | Aug 16      | 1 <sup>st</sup> day of practice   |               |
|            | Aug 23-27   | Team Retreat, Bear Valley   |               |
| Tue        | Sept 14     | practice race<br>Lake Temescal, Oakland   | 4:00          |
| Sat        | Sept 18     | Farmers Invitational<br>Hayward High School, Hayward                              | TBA           |
| Tue        | Sept 21     | CPS Invitational<br>Pt. Pinole Regional Park, Pinole                              | 3:30          |
| Sat        | Sept 25     | Stanford Invitational (varsity)<br>Stanford Country Club, Palo Alto               | TBA           |
| Tue        | Sept 28     | BCL East meet #1<br>Redwood Regional Park, Oakland                                | G 4:15/B 4:45 |
| Thur       | Oct 7       | BAC East-West Challenge Invitational<br>Golden Gate Park, San Francisco           | 3:30          |
| Sat        | Oct 9       | Clovis Invitational (varsity)<br>Woodward Park, Fresno (leave Friday 10/8)        | TBA           |
| Tues       | Oct 19      | BCL East meet #2<br>Coyote Hills, Hayward   | G 4:15/B 4:45 |
| Tues       | Oct 26      | BCL East meet #3<br>Garin Park, Hayward   | G 4:15/B 4:45 |
| Tues       | Nov 9       | BCL East Championships<br>Joaquin Miller Park, Oakland                            | 2:00          |
| Sat        | Nov 20      | NCS Meet of Championships<br>Hayward High School, Hayward                         | TBA           |
| Sat        | Nov 27      | California State Championship Meet<br>Woodward Park, Fresno (leave Friday, 11/27) | TBA           |

Coaches: Jack Coakley, Kat Saxton

As of July 3, 2010